

USTA League Options

USTA League tennis is the world's largest recreational tennis league providing organized, structured team matches for all ability levels and age divisions. Whether you are a beginner or a more advanced player, this team-based program has a spot for you.

PLAY TENNIS. HAVE FUN. COMPETE TOGETHER!

ADULT

Adult League tennis is divided into 4 age divisions. Within each age division, play is based on NTRP ratings (skill levels). Anyone 18 and over can participate. Age divisions are 18 & Over, 40 & Over, 55 & Over, 65 & Over

TRI-LEVEL

Play doubles with your friends, while on a team consisting of three or more NTRP levels. Example: one 3.0 doubles, one 3.5 doubles and one 4.0 doubles = Tri-Level team.

MIXED

The Mixed Doubles League program allows players of different genders to play together, encouraging participants to play with their friends, family and co-workers.

COMBO

The Combo Doubles program features men's and women's teams playing three doubles matches. The doubles teams use a combined NTRP rating that does not exceed the level on which they are playing.

SINGLES

Three courts played per team match. Each team match requires only 3 players, and includes all age divisions and levels.

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For more information, contact Stacey Rice or Sara Ward
srice@talktennis.org or sara.ward@talktennis.org

USTA ADULT LEAGUE

PLAY TENNIS. HAVE FUN. COMPETE TOGETHER!

USTA Adult League tennis is divided into four ages. Play is based on NTRP rating (skill levels), and anyone 18 & over can participate.

Adult 18 & Over

- Levels: 2.5 – 5.0 (Men & Women)
- Team Size: Minimum 5 (2.5/5.0) or 8 (3.0–4.5) players
- Match Format:
- 2.5/5.0: 2 Doubles / 1 Singles
- 3.0–4.5: 3 Doubles / 2 Singles
- Season: January – May
- Played on weekends

Adult 40 & Over

- Levels: 3.0 – 4.5 (Men & Women)
- Team Size: Minimum 9 players
- Match Format: 4 Doubles / 1 Singles
- Season: January – May
- Played on weekends

Adult 55 & Over

- Levels: 3.0 – 4.0 & Combined 9.0 (4.0–5.0) (Men & Women)
- Team Size: Minimum 6 players
- Match Format: 3 Doubles
- Season: January – May
- Played on weekends

Adult 65 & Over USTA Southern Tennis League

- Levels: 3.0, 3.5, 4.0 and 9.0 combined.
- Match Format: 3 Doubles
- Tournament Only
- Played over a weekend

Join the Fun!

For more information, contact srice@talktennis.org or sara.ward@talktennis.org

Mixed Doubles (18/40/55/65 & Over)

Play with friends, family, and co-workers!

- Levels: 18 & Over: 2.5 & 5.0 and 40/55/65 & Over: 3.0 – 4.5
 - Team Size: Minimum 6 players
 - Match Format: 3 Doubles
 - Season: Late May– Early August
 - Played on weekends
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Tri-Level Doubles (18/40/55 & Over)

Teams consist of three different NTRP levels playing on separate courts. Example: one 3.0 doubles, one 3.5 doubles, and one 4.0 doubles = Tri-Level team.

- Advancing Levels:
 - 18 & Over: 2.5/3.0/3.5, 3.0/3.5/4.0, 3.5/4.0/4.5, 4.0/4.5/5.0
 - 40 & Over: 3.0/3.5/4.0, 3.5/4.0/4.5
 - 55 & Over: 3.0/3.5/4.0
 - Match Format: 3 Doubles
 - Season: June – August
 - Played on weekdays & Saturdays
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Southern Combo Doubles (18/40/55 & Over)

Men's and Women's teams play three doubles matches using a combined NTRP rating.

- Levels:
 - 18 & Over - 5.5 (2.5/3.0), 6.5 (3.0/3.5), 7.5 (3.5/4.0), 8.5 (3.5–5.0), 9.5 (4.0–5.5)
 - 40 & Over - 5.5 (2.5/3.0), 6.5 (3.0/3.5), 7.5 (3.5/4.0), 8.5 (3.5–5.0)
 - 55 & Over - 6.5 (3.0/3.5), 7.5 (3.5/4.0), 8.5 (3.5–5.0)
- Team Size: Minimum 6 players
- Match Format: 3 Doubles
- Season: July – October
- Played on weekends

**All Leagues Advance from Local League play to one or more of the following:
State, Sectional, National Championships or Invitations.**

Learn More →



USTA Social League Options

USTA Kentucky Social Leagues bring tennis to life in a fun, relaxed, and welcoming way for players of all skill levels. Designed to focus on community, connectivity, and friendly competition, these leagues feature flexible formats, local match play, and social events that make it easy to meet new people while enjoying the game. Whether you're brand new to tennis or returning to the court, Social Leagues offer a low-pressure, high-fun way to stay active and connected through tennis.

DROP SHOTS

Adult 21+tennis! Doubles format where fun is the name of the game and local businesses partner to provide post-match social hours.

- Format: Mixed Doubles
- Sessions: Winter, Spring, Fall
- Contact: LJ Allara at Lallara@ustaky.com

WILD ACES

Adult 40+tennis! Doubles format where fun is the name of the game and local businesses partner to provide post-match social hours.

- Format: Mixed Doubles
- Session: Wednesdays at Seneca Park, 4 sessions annually
- Contact: Kathy Klein at Kklein@ustaky.com

ADULT RED BALL

Head to the parks for a FUN adult social format designed to quickly get new players in the game! The first 4 weeks - focus on basic strokes and rallying/match play. The remaining 4 weeks - round robin matches with rotation between all locations in the city.

TENNIS ON CAMPUS

Tennis On Campus is the USTA's program for college club tennis players. It has been designed for and organized by college students who want to stay involved in the game, make friends, and compete in events.

- Sessions: Vary depending on the school
- Contact: Drew Edborg at Dedbrog@ustaky.com

Learn More →

